

ARE YOUR FORMS UP-TO-DATE?

With each launch of new products, Regence makes changes to some of our enrollment forms. To ensure that you and your groups and prospective members are using the latest forms, always check the agent Web site at www.ut.regence.com and click on Forms.

All of these forms can be printed for your use, and many can be completed online and printed to be submitted for enrollment. The latest forms are always available at the Regence Sales office.

Utah Premium Partnership

Utah's UPP (Premium Partnership for Health Insurance) program helps to make insurance more affordable for working individuals and their families that do not currently have health insurance. For those who qualify, UPP can help pay the costs of the employee's monthly premium when they enroll in their employer-sponsored health insurance coverage.

UPP Continuing Education courses for up to 3 hours of CE credit are offered periodically. To learn more about this program, contact upp@utah.gov or call (801) 538-6806.

Send an eCard

Have you sent your myRegence.com eCard today? In conjunction with our newly launched TV ad campaign, these friendly reminders are available to anyone connected to the internet. If you haven't had a chance to send one or even check them out, there are six different eCards you can mail to family, friends, neighbors, co-workers...whomever you feel needs a little encouragement in these areas:

- Cholesterol screening
- Health screenings
- Weight loss
- Shape up
- Quit smoking
- Support for new parents

There is no requirement to be a Regence member. So if you haven't sent one yet, help spread the word and encourage a little healthy living.

First July Multimedia Issue

Our first issue for July, [Kids Health](#), was posted on July 1. There is a lot of great information on keeping your children well including a video, [Kid on the Street](#), where our roving reporters ask children what their favorite healthy snack is, along with a podcast on how our kids can benefit from the [Summer Food Program](#) now that school is out. There are also some helpful articles on [Childhood Obesity](#), [Children and Speech](#) and [Developmental Milestones](#). And of course the My Community [message boards](#) are always buzzing on parenting/kids health related topics.

Personal Health Record

Regence members are discovering the importance and value of their own Personal Health Record (PHR). With a PHR you can prepare yourself for all those hard-to-remember questions when you go to the doctor, and at the same time keep a record of your medical history that's just for you. From medications to hospitalizations to allergies, your PHR stores all your health information in one secure location. It's easy to build, portable and customizable. Over 25,000 members have received 400 Rewards points for trying out the Personal Health Record.